

# Elementary MENUS AUG 2023



Join us for National Waffle Day  
on Wednesday August 23<sup>th</sup>!

## Did you know?

Staying active helps build strong bones and muscles, relieves stress, and protects your heart. Aim for 1 hour or more of physical activity every day. Do whatever you love to do – Just get moving!



## Questions or Comments?

Carl Thompson  
Director of Dining Services  
Phone: 520-696-8623  
\*menu is subject to change\*

This institution is an equal opportunity provider



Monday	Tuesday	Wednesday	Thursday	Friday
	1 <b>WELCOME BACK TO SCHOOL</b>	2	3 <b>Breakfast</b> French Toast Sticks <b>Lunch</b> Corn Dog Turkey & Cheese Sub Ham & Cheese Salad Crispy French Fries	4 <b>Breakfast</b> Donut Holes <b>Lunch</b> Grilled Ham & Cheese Cheesy Nachos PB&J Sandwich Popcorn Chicken Salad Refried Beans
7 <b>Breakfast</b> Breakfast Pizza <b>Lunch</b> Bean & Cheese Burrito Cheesy Meatball Sub Turkey & Cheese Sandwich Garden Chicken Salad Buttery Carrots	8 <b>Breakfast</b> Strawberry Parfait <b>Lunch</b> Creamy Mac & Cheese Chicken Quesadilla Ham & Cheese Sub Chicken Caesar Salad Steamed Green Peas	9 <b>Breakfast</b> Banana Muffin <b>Lunch</b> Crispy Beef Tacos Hot Dog Ham & Cheese Sandwich Chef Salad Refried Beans	10 <b>Breakfast</b> Cheesy Scrambled Eggs <b>Lunch</b> Chicken Lo Mein Grilled Cheese Sandwich Turkey & Cheese Sub Ham & Cheese Salad Buttery Corn	11 <b>Breakfast</b> Fluffy Belgian Waffles <b>Lunch</b> Pepperoni Pizza Cheesy Chilaquiles PB&J Sandwich Popcorn Chicken Salad Seasoned Green Beans
14 <b>Breakfast</b> French Toast Sticks <b>Lunch</b> Cheesy Nachos Sloppy Joe Turkey & Cheese Sandwich Chicken Garden Salad Refried Beans	15 <b>Breakfast</b> Strawberry Pop Tart <b>Lunch</b> Spaghetti w/ Meat sauce Corn Dog Ham & Cheese Sub Chicken Caesar Salad Buttery Carrots	16 <b>Breakfast</b> Glazed Cinnamon Rolls <b>Lunch</b> Chicken Snowbowl Chicken Fajitas Ham & Cheese Sandwich Chef Salad Mashed Potatoes & Gravy	17 <b>Breakfast</b> Fluffy Pancakes <b>Lunch</b> Pepperoni Pizza Bean & Cheese Tostada Turkey & Cheese Sub Ham & Cheese Salad Seasoned Green Beans	18 <b>Breakfast</b> Banana Smoothie <b>Lunch</b> Green Chile Quesadilla Chicken Fried Rice PB&J Sandwich Popcorn Chicken Salad Peppered Broccoli
21 <b>Breakfast</b> Warm Pancake on a Stick <b>Lunch</b> Zesty Orange Chicken Bean & Cheese Burrito Turkey & Cheese Sandwich Chicken Garden Salad Buttery Corn	22 <b>Breakfast</b> Donut Holes <b>Lunch</b> Beef Tater Tot Casserole Cheese Quesadilla Ham & Cheese Sub Chicken Caesar Salad Seasoned Green Beans	23 <b>Breakfast</b> Fluffy Belgian Waffles <b>Lunch</b> Chicken Alfredo Grilled Cheese Sandwich Ham & Cheese Sandwich Chef Salad Buttery Carrots	24 <b>Breakfast</b> Chocolate Chip Muffin <b>Lunch</b> Cheese Enchiladas Hot Dog Turkey & Cheese Sub Ham & Cheese Salad Refried Beans	25 <b>Breakfast</b> Turkey Breakfast Pizza <b>Lunch</b> Pepperoni Pizza Juicy Hamburger PB&J Sandwich Popcorn Chicken Salad Crinkle Cut French Fries
28 <b>Breakfast</b> Cinnamon Pop Tart <b>Lunch</b> Spicy Chicken Tenders Cheesy Beef Burritos Turkey & Cheese Sandwich Chicken Garden Salad Mashed Potatoes & Gravy	29 <b>Breakfast</b> Cheesy Eggs w/Hashbrown <b>Lunch</b> Cheesy Chicken Nachos Cheesy Turkey Melt Ham & Cheese Sub Chicken Caesar Salad Refried Beans	30 <b>Breakfast</b> Glazed Cinnamon Roll <b>Lunch</b> Pepperoni Pizza Sloppy Joe Sandwich Ham & Cheese Sandwich Chef Salad Steamed Green Peas	31 <b>Breakfast</b> French Toast Sticks <b>Lunch</b> Beefy Macaroni Marinara Corn Dog Turkey & Cheese Sub Ham & Cheese Salad Seasoned Green Beans	

Breakfast Meal Price: Paid \$1.00/ Reduced \$0.30

Lunch Meal Price: Paid \$2.75 / Reduced \$0.40